

A day to talk about the pain

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A day to talk about the pain

MATTHEW BENNS

WAR widow Gwen Cherne looks forward to Remembrance Day because it is the one day of the year that she and her children do not have to pretend everything is all right.

“It is a day when we can grieve publicly and with the community and we don’t have to put on a mask and be OK,” Ms Cherne (pictured with kids Lachlan and Emily) said.



“It is so important that we acknowledge what veterans and their families do for us voluntarily to ensure we have the freedoms that we do,” Ms Cherne said. Her husband, former soldier Pete Cafe, took his own life, leaving Ms Cherne, Lachlan, 6, and Emily, 9 to ensure his memory continues.

“Remembrance Day gives them a chance to talk about their father and hear his stories,” she said.